

REDUCE WASTE

The average American produces
4.4 pounds of trash per day!

Here are some simple steps you can
take to reduce that number.

1

- **Carry reusable items:** Reusable water bottles, straws and coffee cups are a great place to start. Avoid single-use and disposable items like plastic silverware and to-go containers by bringing your own reusables.
- **Use cloth shopping bags at all stores, not just the grocery store:** Just one reusable bag can save 170 plastic bags from entering our waste stream. Reusable bags come in a variety of sizes and shapes, including reusable produce bags, and silicone replacements for sandwich bags.

2

- **Fix or use what you already own:** Learn to repair your clothing instead of throwing it out. Visible mending can give old clothes new life. Learn to make repairs on household appliances instead of just buying new ones. Could a DIY tutorial help you transform outdated or worn furniture or decor? Think outside the box for storage options: repurpose that old briefcase, shoe box, empty jelly jars, etc.
- **Start a household compost bin:** When food gets buried in a landfill, it emits potent greenhouse gasses. But food waste that is composted becomes liquid gold for your landscapes and reduces the need for chemical fertilizers.

3

- **Buy items with no, minimal or reusable packaging:** Purchase loose tea and coffee as well as reusable tea strainers, coffee filters/press, and/or Keurig cups. Consider buying from places that let you return used containers for recycling. Purchase non-perishables in bulk at the grocery store. If you choose to reuse bags or other containers that you've brought from home (think washed out applesauce jars and tins of cookies) be sure to ask for the "Tare" so that you only pay for the weight of the food and not the container.
- **Buy used over new (or just borrow):** Purchasing used reduces the carbon impact caused by the demand for new materials. Online sites make it easy to buy or sell what you need for clothing, household supplies and cars. Consider borrowing items that you won't use very often instead of buying your own.

ADDITIONAL RESOURCES

Compost Now

compostnow.org/compost-services

Missouri Organic Recycling

missouriorganic.com

Ripple Glass (free drop-off bins)

rippleglass.com/where-to-recycle/

CrushGlassKC (curbside service)

crushglasskc.com/

Recycle Spot

recyclespot.org



These links and other local resources are available at resurrection.church/earthcor

Resurrection, A United Methodist Church

13720 Roe Ave. | Leawood, KS 66224

www.resurrection.church