



Family Recovery Resources

Resurrection Recovery:

<https://resurrection.church/recovery/>

Tom Langhofer

913-544-0219

Bethany DePugh

816-867-0374

Gloria Napote – addiction expert

816-887-6300

Family Support Groups:

Al Anon

<https://al-anon.org/>

NarAnon

<https://www.nar-anon.org/>

CoDA – Codependents Anonymous

<https://coda.org/>

Adult Children of Alcoholics® & Dysfunctional Families

<https://adultchildren.org/>

SMART Recovery

(Self Management and Recovery Training)

<https://smartrecovery.org/>

First Call - How to Cope

816-361-5900

Shelby Krech & Megan Keller

Domestic Violence Resources:

Kansas Domestic Violence Crisis 24/7 Hotline

1-888-363-2287

National Domestic Violence 24/7 Hotline –

1-800-799-SAFE

Rose Brooks 24/7 Crisis Hotline -

816-861-6100

<https://rosebrooks.org/>

Harm Reduction:

Never Use Alone 24/7 Hotline

1-877-696-1996

First Call - Harm Reduction

harmreduction@firstcallkc.org

NAMI: National Alliance on Mental Illness

<https://www.nami.org/>

1-800-950-6264

Opioid Overdose Intervention –

Naloxone (possible brand name Narcan) is a prescription medicine used for the treatment of an opioid (including Heroin) emergency such as an overdose. This is a safe intervention even if you are not sure if someone is definitively overdosing from an opioid.

**This is safe to utilize even with children*

Overdose Signs-

**Unresponsive/unconscious (try shaking/yelling their name)*

**Not breathing/slow breathing*

**Blue lips and/or fingernails*

**Clammy skin*

ABCs of Opioid Overdose Intervention

Administer Naloxone

Begin Rescue breathing

Call 911

THEN-

a- Move the person on their side, recovery position.

b- Wait 2-3 minutes – if nonresponsive administer second dose of naloxone if available.