

# Recovery Support Groups

## ALCOHOLICS ANONYMOUS

Support for alcoholics to stay sober and help other alcoholics achieve sobriety.

## AL-ANON

Support for family and friends of alcoholics.

## DBSA-DEPRESSION/BIPOLAR SUPPORT

A peer-led support group for individuals with mood disorders, including depression, anxiety, and bipolar, and their loved ones.

## DUAL RECOVERY ANONYMOUS

A 12-step for those who experience a dual disorder of chemical dependency and emotional or psychiatric illness.

## CODA (CO-DEPENDENTS ANONYMOUS)

Support for the common purpose of developing healthy relationships and working through codependent behaviors.

## BEYOND THE STRUGGLE: ED AND MORE SUPPORT GROUPS

Support for individuals struggling with abnormal eating habits. Meets 2nd and 4th Thursday of the month.

## BUILDING A BRIDGE: ED RECOVERY FOR FAMILY & FRIENDS

Support for family of individuals with abnormal eating habits. Meets 2nd and 4th Thursday of the month.

## FAMILY HOPE

A 12-step, faith-based group for family and friends of loved ones struggling with substance use disorder and other addictions. For those 18 years and older.

## NAR-ANON

A 12-step program for friends and family members of those who are affected by someone else's addiction.

## RESURRECTION RECOVERY: 12-STEP FAITH-BASED FOR MEN AND WOMEN

For life struggles with relationships, addictions (food, drug, alcohol, etc.), and depression.

## RESURRECTION RECOVERY FOR MEN

For men struggling with pornography and sex addiction. This gender-specific group uses the 12 steps in a Christ-centered approach.

## SMART RECOVERY MEN AND WOMEN

A science-based group focusing on issues of substance abuse and other addictive behaviors.

## SMART RECOVERY FAMILY AND FRIENDS

A science-based group to help those who are affected by the substance abuse disorders of a loved one.

## PASTA: PARENTING A SECOND TIME AROUND

Practical information, skills and resources to support the unique needs of grandparents. Meets 2nd and 4th Thursday of the month.

Building a **community**  
of **connection**, support  
and **healing**.

## RECOVERY MINISTRY CONTACTS:



**Bethany DePugh**

DIRECTOR OF  
RECOVERY MINISTRY

📞 816-867-0374

## RECOVERY MINISTRY LOCATIONS:

### 📍 Kansas

LEAWOOD

OLATHE

OVERLAND PARK

SPRING HILL

### 📍 Missouri

BLUE SPRINGS

BROOKSIDE

DOWNTOWN KC

LEE'S SUMMIT

## CONNECT WITH US:

🌐 [resurrection.church/recovery](https://resurrection.church/recovery)

📘 Resurrection Recovery

📷 @resurrectionrecovery

For office appointments call:  
**913-544-0707**



**Resurrection**  
A UNITED METHODIST CHURCH

JANUARY 2026

Resurrection

# Recovery



# You Matter

Help for individuals  
and loved ones seeking  
support for:

- ▶ Personal Addiction
- ▶ Family Addiction
- ▶ Mental Health

## Kansas Locations

### RESURRECTION LEAWOOD

**5001 W. 137th Street | Leawood, KS 66224**

Use QR Code below to register for free childcare

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
MONDAY GROUPS	Al-Anon	1PM	B253		X
	Nar-Anon	7PM	C041B	X	X
	Cross Roads	7PM	C050		X
TUESDAY GROUPS	Resurrection Recovery: Faith-Based 12-Step for Men & Women	12PM	C041B	X	X
	AA	7PM	C041B		X
	DBSA	7PM		X	
THURSDAY GROUPS	AA	7PM	C041B		X
	Al-Anon	7PM	B253		X
	Co-Dependents Anonymous	7PM	B260	X	X
	Depression/Bipolar Support	6:30PM	B210	X	X
	Dual Recovery Anonymous	7PM	B255	X	X
	Eating Disorder & More Support*	7PM	B254		X
	Eating Disorder Recovery for Families*	7PM	B259		X
	Family Hope	7PM	B256	X	X
	Full Circle Parents	7PM	C020	X	X
	Full Circle Students	7PM	STUDENT CENTER	X	X
	PASTA: Parenting a Second Time Around*	7PM	B261		X
	Resurrection Recovery: Faith-Based 12-Step for Men & Women	7PM	B252	X	X
	Resurrection Recovery for Men	7PM	B258	X	X
	SMART Recovery Men & Women	7PM	B251	X	X
	SMART Recovery Family & Friends	7PM	B250	X	X
	Spanish Translation for Testimony†	7PM		X	
FRIDAY GROUPS	AA	12PM	C041B		X

\*These groups meet on the 2nd and 4th Thursday of the month ONLY

†Testimonials available on live stream at: [resurrection.church/recovery](https://resurrection.church/recovery)

## Kansas Locations

### RESURRECTION OLATHE (WEST)

**24000 W. Valley Parkway | Olathe, KS 66061**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
THURSDAY GROUPS	Resurrection Recovery	6:15PM	3		X
	Al-Anon	7PM	4		X

### RESURRECTION OVERLAND PARK

**8412 W. 95th Street | Overland Park, KS 66212**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
MONDAY GROUPS	Four Reasons (AA)	7PM	GATHERING SPACE	X	X
	SMART Recovery	7PM	115	X	X
TUESDAY GROUPS	Al-Anon	7PM	2	X	X
WEDNESDAY GROUPS	Four Reasons (AA)	7PM	GATHERING SPACE	X	X
	SMART Recovery	7PM	201	X	X

### RESURRECTION SPRING HILL

**112 E. Nichols Street | Spring Hill, KS 66083**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
THURSDAY GROUPS	Resurrection Recovery	6PM	FELLOWSHIP HALL		X

Join us for  
**free pizza**  
**Thursdays! \*\***

PIZZA & FELLOWSHIP 5:30 pm  
TESTIMONY 6:15 pm



SCAN HERE  
to register  
for childcare



Walk-ins are welcome.  
Childcare is available,  
with registration, at  
our Leawood location  
from 6-8 pm.

\*\*Offered at Leawood, Olathe (West), and Downtown Locations Only

## Missouri Locations

### RESURRECTION BLUE SPRINGS

**601 NE Jefferson St. | Blue Springs, MO 64014**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
TUESDAY GROUPS	Resurrection Recovery	6:15PM	105	X	X

### RESURRECTION BROOKSIDE

**5144 Oak Street | Kansas City, MO 64112**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
SUNDAY GROUPS	FOOD & FELLOWSHIP	5:30PM	KENWOOD HALL		X
	Community Recovery Meeting (Men)	6:30PM	KENWOOD HALL		X

### RESURRECTION DOWNTOWN

**1522 McGee | Kansas City, MO 64108**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
THURSDAY GROUPS	Pathway to Hope: Nar-Anon for Families	12PM		X	
	Resurrection Recovery	6:15PM	SANCTUARY	X	X

### RESURRECTION LEE'S SUMMIT

**350 MO-150 Hwy | Lee's Summit, MO 64082**

DAY	NAME	TIME	ROOM*	ON LINE	IN PERSON
MONDAY GROUPS	AA	5:30PM	CHAPEL		X
	Al-Anon	5:30PM	COMMUNITY ROOM		X
WEDNESDAY GROUPS	AA	5:30PM	CHAPEL		X
SATURDAY GROUPS	AA	8:30AM	CHAPEL		X

\*Room numbers can be subject to change. Please visit our website at [resurrection.church/recovery](https://resurrection.church/recovery) for the most updated classroom list.