

How To Talk About Good Friday and Easter with Your Kids

Talking about **Good Friday and Easter** with kids can feel a little overwhelming. As partners in your child's faith journey, Resurrection Kids wants to equip you with a simple, hands-on activity to share the story of Jesus at home.

Faith often grows through small moments—simple conversations, shared questions, and meaningful traditions. **Resurrection Rolls** are one way to help bring the Easter story to life.

For Kids Under 2nd Grade

At these ages, kids likely won't understand the full meaning of the cross. A helpful way to talk about the cross is to focus on **how much Jesus loves us**.

When your kids see a cross, invite them to try to imagine Jesus with his arms stretched out wide—ready to give you the biggest hug. The cross reminds us that Jesus loves us **this much** (Action: Stretch your arms out wide like a cross).

Nothing we do can change or take away the love of Jesus. The cross is a reminder that **God's love for us never ends**.

For Kids 2nd Grade and Up

As kids grow, they begin to learn more about Jesus' life, death, and resurrection. This often leads to bigger questions. You don't need to have all the answers, just the willingness to create space for conversation and wonder together.

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One fun way to start that conversation is by making Resurrection Rolls.

What You Need

- ★ 1 package of crescent rolls
- ★ 8 large marshmallows
- ★ 3 tablespoons of melted butter
- ★ 3 tablespoons sugar
- ★ 1 tablespoon cinnamon
- ★ Parchment paper
- ★ Baking sheet

Preheat oven to 350°F (or follow the crescent roll package directions).



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The Story & Activity (Scripture can be found in Matthew 28; John 20)

1. Start with the marshmallow.

The marshmallow represents **Jesus**. Remind them that Jesus loves us and offers forgiveness for all of the mistakes we make. Name some mistakes such as not sharing or listening.

2. Dip the marshmallow.

Roll the marshmallow in melted butter and cinnamon sugar. As you do, explain that the butter and cinnamon sugar represent the mistakes we make. Jesus chose to take on the brokenness of the world, including all of our mistakes, because of his love for us. Jesus loved us so much that he was willing to die for us.

3. Wrap the marshmallow.

Place it in the crescent roll dough and wrap it completely. This represents **Jesus being placed in the tomb after he died**.

4. Bake the rolls for 8–10 minutes.

While they bake, remind your kids that the story doesn't end there. After three days, an angel of God appeared to one of Jesus' friends, someone like you or me, and He told her that Jesus was alive! So, Jesus' friends decided to look in the tomb where they had put Jesus' body, but when they did, it was empty! Jesus had risen! Jesus is alive!

5. Open the roll.

When the rolls have cooled, invite your child to open one. The marshmallow that represents Jesus has disappeared—leaving the roll empty! Just like the **empty tomb** on Easter morning. (Action: Say together, just like Jesus' first friends at the tomb: "**Jesus is alive!**")

Easter reminds us that **love is stronger than death and that hope is stronger than despair. The worst thing is never the last thing.**